



# SENIOR CITY LIFE



August 2015 • Vol. 7, Number 8

CITY OF BUFFALO  
DIVISION OF SENIOR  
SERVICES

Otis T. Barker, Sr.  
Commissioner  
Douglas R. Ruffin  
Director



## Greetings from Mayor Byron Brown



Hello, I hope all of you had a chance to enjoy the beautiful weather and great festivals we've had during the month of July. Over a two-day period, the 32<sup>nd</sup> annual Taste of Buffalo attracted 450,000 residents and visitors

from across the country to downtown Buffalo. Two other major festivals, The Masten Park Jazz Festival and the Italian Festival, also drew huge crowds and the summer fun isn't over yet.

If you enjoy jazz, then you are in for a treat this August. Coming off the heels of the Masten Park Jazz Festival - and the music that played during the Italian Festival - the Buffalo News Live Jazz Series continues on Sundays, while the always popular Pine Grill Jazz Reunion takes place August 2 and 9.

There are many activities happening this month for you and your family to enjoy. Be sure to check your senior center's schedule of events to get a complete listing.

On August 13, I will be hosting my fifth annual Senior Barbeque and Pig Roast. Senior Services Director Douglas Ruffin has more information about how you can get your ticket on the next page.

My 14<sup>th</sup> annual Reading Rules! Kids Summer Reading Challenge is still

accepting applications and summaries for participation in the closing prize and scholarship ceremony. Since 2006, nearly 10,000 city students have completed the challenge, reading over 70,000 books. This is a great program for students from grades PreK-12. So, be sure to let your grandchildren, nieces and nephews and other loved ones know that the deadline for submitting applications and one-page summaries is August 28. More information can be found on the city's website or at your local library. Remember: summer reading will help keep our youth 'well-prepared' and 'skills sharp' as they head back to school this fall!

As we do every month, we have chosen a 'Senior of the Month' who represents the kind heart and tenacious spirit of Buffalo. Congratulations to Amanda Pugh-Jackson, our Senior of the Month for August. You can read about Ms. Pugh-Jackson's contributions to our community on page 3.

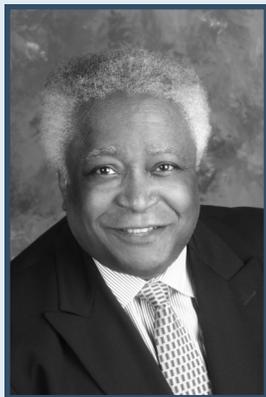
In closing, I thank you for your support as we continue to build Buffalo into a city that embraces diversity and inclusion. On page 3, you can read about our efforts to promote Buffalo as a city of opportunity for all. Again, I've enjoyed seeing many of you at various summer events and look forward to seeing you during the month of August, especially at my Senior Barbeque and Pig Roast.

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## Greetings from Douglas Ruffin, Director



Hello Buffalo Senior Citizens:

We are rapidly approaching the end of the summer! I hope that all of you have enjoyed the summer so far, and, we have another fun event planned for you! On August 13, 2015, from 10:00 to 3:30, at Front Park, we will have the 5<sup>th</sup> Annual Mayors Summer Senior Citizens Barbeque & Pig Roast.

Last year, this event was enjoyed by over 1,500 seniors from all over the City of Buffalo. Weather permitting, we will again have a wonderful time in the park with great food, good music, good friends, and fun activities. Tickets for this event are limited; this is a first come, first served event and when the tickets are gone, "that's it"! So if you are interested in this particular event, please contact the office as soon as you can or better still, get in touch with your local senior center and take the opportunity to car pool.

Tickets for this event will be available in the office from 9:00 to 3:00, Monday through Friday. Each ticket entitles you to admission, a "Hot Dog or Hamburger, a Drink - (Water or Soda), and the main meal – Barbequed Ribs and sides, Barbequed Chicken and sides, and Pulled Pork (Roast Pig) and sides. This year, we had to attach a small fee on the event to aid in covering the increased cost, so, a cost of \$2.50 per person is required at time of receiving the ticket.

The featured band this year, back by popular request, will be the Larry Salter's Band. So, come on out, while you can! The snow will be here before you realize it!

Douglas R. Ruffin

### Senior Services Donation Coupon

Please accept my donation to Senior Services for basic needs, activities, leisure, recreational programming, and general activities.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Zip Code: \_\_\_\_\_

**MAIL TO: Division for Senior Services  
65 Niagara Sq., Room 8A  
Buffalo, New York 14202**

## BUFFALO OPPORTUNITY PLEDGE



The Buffalo Opportunity pledge is an important component of Mayor Byron Brown's efforts to celebrate and promote diversity in the city of Buffalo and to ensure that all city residents and businesses benefit from the our growing prosperity.

Over the last few weeks, Mayor Brown has joined colleagues in every level of government (local, state and federal), local organizations and religious leaders as they sign the pledge signaling their commitment to diversity and inclusion as core values of our city. Mayor Brown will

continue to go out into the community encouraging residents, non-profits, religious institutions and businesses to sign the pledge. You can join the growing number of people signing the pledge. Go to [www.city-buffalo.com](http://www.city-buffalo.com) to add your name to the Buffalo Opportunity Pledge.



## Senior Spotlight: Amanda C. Pugh-Jackson



Amanda Jackson was born in Jackson, Alabama. She had six siblings and they participated in all the farm chores. She graduated from high school and attended Hatcher College, later marrying her high school sweetheart. They both were very active in the Baptist ministry. Widowed at a young age, she returned to college and received a nursing degree. Her second marriage was to Dr. Albert Jackson, who wrote the hymn, "He's Sweet I Know". In her later years, she modeled at an upscale department store, inspiring her love for fashions. Mrs. Jackson has traveled extensively through-out the U.S. She is an avid reader and is interested in people and current events. In 2007 Amanda Jackson had a house fire in Alabama and had to relocate to Buffalo. Her niece told her about the Moot Center; a bonding and blossoming love affair started. She attends the Moot Center daily and participates in all the activities. She especially enjoys the mystery trips, exercise classes, and the weekly bible teaching.

Mrs. Jackson says that with God's favor; she is marching toward the 103 plus mark!! Longevity Secret: Be slow to anger, quick to forgive, love the lord thy God, and live loving his people. Happy Birthday Amanda Jackson from all of us at the Moot Senior Center - 102 and still going strong!!

Do you know a special senior who you'd like to see featured in the Senior Spotlight? If so, please send us a letter detailing the Individual's life, a photo and your contact information to Senior Services, 65 Niagara Square - Room 8A, Buffalo, NY 14202. You can also email us at [druffin@city-buffalo.com](mailto:druffin@city-buffalo.com).

## Senior Center - Activities

**Autumnwood Senior Center**  
**1800 Clinton Street, Buffalo, New York 14206**  
**Julianne Panty, Director**  
**(716 ) 826-7895 / Fax: (716) 826-7897**

**A 4 Week Tai Chi/Yoga Class will be offered at the Autumnwood Senior Center for the month of August. Interested seniors should call the center at 826-7895.**

**Dates and time of the class to be announced.**

Aug. 3rd– 10:00– Lunch Bunch: One Eyed Jack's & Shopping @ Niagara County Produce. Group size is limited; sign up @ the Center.

Aug. 10th– 9:00– 3:30– AARP Safe Driving Program: AARP Members- \$20/Non-Member-\$25. Must sign up in advance; Class size is limited. Payment due by 7/30.

Aug. 10th– 10:00– Van Bingo Trip: Holy Mother of the Rosary

Aug. 12th– 10:30-3:30– Sub & Bingo Party: Raffles & Prizes, \$5/person; payment due by 7/29

Aug. 17th– 10:00– Lunch Bunch: East Aurora & Shopping @ Viddler's. Group size limited; please sign up @ Center

Aug. 21st– 9:00– 2:00– Excalibur Boat Ride & Lunch on your own @ Doug's Dive: Space limited; transportation on your own. \$5/person; payment due by 8/5

Aug. 24th– 10:30-3:30– Autumnwood's Annual Summer Serenade & Appreciation for our Members 90 & over:

Music by the Sugar N' Jazz Orchestra & Catered Meal. \$12/person; payment due by 8/6

Aug. 27th– 12:00– Guys & Dolls Birthday Lunch: "Celebrate July & August Birthdays" Free Cake & coffee with a meal purchase.

Aug. 27th– 1:00– Birthday Jingo: Birthday members get a birthday card & 2 free bingo boards with a meal purchase.

Aug. 28th– 10:00– Book Club w/ Loretta

Aug. 31st– 10:30-3:30– Hamburger/Cheeseburger & Bingo Party: Raffles & Prizes. \$5/person; payment due 8/20

**Daily Programs: Call Center**

**Coming Events:**

Sept. 2, 9, & 16—10:00-2:00– "Art Work Shop": "Understanding the Basics about Color"- call Center for details; must pre-register.

Sept. 3rd– 10:30-12:00– Flu Shot Clinic by Independent Nursing Care: Call Center to register.

Sept. 14th– 9:00-3:30– AARP Safe Driving Program: AARP Members- \$20/Non-Member-\$25. Must sign up in advance; Class size is limited. Payment due by 9/3

Sept. 16th– 5:00– 7:00– Autumnwood's Open House for 55 & older-call Center for details

Sept. 23rd-Sub & Bingo Party: Raffle & Prizes. \$5/ person; payment due by 9/10

Sept. 30th– 10:30-11:30– Buffalo History & Architecture Presentation: "Public Art in Buffalo"

**Richmond-Summer Senior Center**  
**337 Summer Street, Buffalo, New York 14222**  
**Kerry Saunders, (716) 885-3290**

Aug. 4th– 9:00– Farmers Market: North Tonawanda (use your coupons)

Aug. 7th– 10:00– Eden Corn Festival

Aug. 10th– 10:00– Hair Cuts w/George

Aug. 11th– Senior Shopping: Walmart

Aug. 13th– Mayor Brown's Senior Pig Roast: Center will provide ride to Front Park

Aug. 14th– 12:00– Spaghetti & Meat Sauce: Lunch & Bingo- \$4

Aug. 18th– 9:00– Senior Shopping: Price Rite– Kenmore

Aug. 19th– 10:00– Canal Walk & Lunch

Aug. 20th– 11:00– Excalibur Boat Ride: \$5/Donation for the Captain; Boat departs @ noon.

Aug. 21st– 12:00– Fried Chicken, Salad, & Bingo: \$5

Aug. 25th– 12:00– Out to Bingo: Starts @ 1:00

Aug. 27th– 11:00-3:00– Free Senior Picnic: Hosted by Councilmen David Rivera. Food, Entertainment, & Fun

Aug. 28th– 10:00– Free Senior Breakfast & Bingo

**Daily Programs:**

Mondays- 11:00– Zumba

Tuesdays-1:30-Line Dancing w/Barbara- \$1

Wednesdays-11:00– Yoga- \$1

Thursdays-10:00-Tai Chi

Fridays- 11:00- Exercise Group

**Upcoming Events:** Call Center

**Friends of the Elderly/Dorothy J. Collier  
Community Center**

**118 East Utica Street, Buffalo New York, 14209  
Laura Hayden, 882-0602**

Monday-Friday:

10:00– 10:30– Continental Breakfast, 12:00– 12:30–  
Stay Fit Dining Site: 60yrs. & older; R.S.V.P. Required  
(Confidential Donation): \$3.50

Tuesday & Thursday:

10:30– until– Craft Guild  
11:00– 12:00– Bridge/Bid Whist (R.S.V.P. required)/  
D'Youville Balance Exercise

Wednesday:

9:00– until ?– Bread Pantry, 12:30– 1:30– Bible Study,  
11:00– 1:00– Bi– Monthly Case Management Day: 3rd

Wednesday of every TWO months

Thursday:

11:00– 3:00– Chess Club  
1:00– 2:00– Penny Saver Coupons/Recipe Exchange  
Club

1:30– 3:00– Bingo: Come Socialize & win prizes

Friday:

9:30– until ?– Bread Pantry  
11:00– 12:00– Band Fitness: Bring your band & wear  
your T-shirt  
12:30– 1:30– Friday Fellowship Day: Game Day

**UPCOMING EVENTS:**

Call Center

**Delavan Grider Community Center**

**877 E. Delavan Avenue, Buffalo, New York 14215  
(716) 896-7021**

Mondays: 9:30-2:30– Walking/Fitness-Gym, 9:30-2:30–  
Fitness Room, 10:30-12:00– Line Dancing, 12:00-1:30–  
Jewelry Making/Scrapbooking–(2nd & 4th Mondays),  
1:30-2:30– Rite Aid Mondays– Health Topics; Tuesdays:  
9:30-2:30- Walking Fitness-Gym, 9:30-2:30– Fitness  
Room, 12:00-1:00– Zumba Senior Class: Members Free  
& Guests, \$3/class, 1:00-3:00; Wednesdays: 9:30– 2:30–  
Walking /Fitness-Gym, 9:30-2:30– Fitness Room, 1:00–  
2:00– Board and Card games ; Thursdays: 9:30– 2:30–  
Walking Exercise– Gym, 9:30– 2:30– Fitness Room,  
10:30-12:00– Line Dancing, 12:30– 1:30- Inspirational  
Time; Fridays: 9:30– 2:30-Walking Exercise-Gym, 9:30

-2:30-Fitness Room, 10:00-11:15– Stretch Band Exercis-  
es, 12:00-3:00– Movies-Friday Afternoon

**Van Service to Delavan Grider Community Center:**

**Mon.- Fri.**

**Picked up from your home & returned**

**Start: 10:00 & Return: 3:00**

**Erie County Suggested donation: \$3.00 each way; call  
Center to sign-up**

**\*Erie County Stay Fit Dining Site: 60+ residents;  
\$3.00/confidential donation, will not be turned way for  
inability to pay. Meals served Mon. –Fri. 12:30**

**Pratt Willert Community Center:**

**422 Pratt Street, Buffalo New York, 14208  
Tiffany Lewis, (716) 852-1671**

**Edward Saunders Community Center:**

**2777 Bailey Avenue, Buffalo, New York 14215  
Kenneth Simmons, 332-4380**

**Monday**: 10:00-11:00-Coffee/News/Exercise/11:00-  
12:00-Memory Games/Puzzles;12:00- 1:00- Lunch/12:00  
-1:00– Line Dancing (Pratt Willert Only) \*Edward Saun-  
ders Center– Please note: Movies trips once per  
mont\***Tuesday**:10:00-11:00- Coffee/ News/Exercise  
11:00-12:00- Game Day: Pokeno, Bingo, Cards, & Dom-  
inoes/12:00-1:00- Lunch/1:00- 2:00– Art or Informational  
Presentation\*\* Pratt Willert Center– Please note: Movies  
trips once per month

**Wednesday**: 10:00-11:00- Coffee/News/Exercise:

11:00– 12:00- Crafting/12:00– 1:00– Lunch/1:00-2:00–  
Crafting

**Thursday**: 10:00-11:00- Coffee/News/Exercise/ 11:00-  
12:00-Open Discussion: Presenters from different health  
organizations/12:00-1:00- Lunch/ 1:00– 2:00– Crafting

**Friday**: 10:00-11:00- Coffee/News/Exercise/11:00–  
12:00-Shopping Trips twice per month/ 12:00-1:00–  
Lunch

**\*\*Field Trips for the seniors @ Pratt & Edward Saun-  
ders: Call Center**

**Schiller Park Senior Citizen Center**  
**2057 Genesee Street, Buffalo, New York 14211**  
**Marcey Ivey, Linda Larson, (716) 895-2727**

Aug. 3rd- 10:00-12:00- BC/BS: Insurance Info  
 Aug. 4th- 11:00-5:00- Seneca Niagara Casino  
 Aug. 5th- 10:15- BC/BS Presentation: Mind, Body, & Spirit  
 Aug. 7th- 10:45- Rite Aide  
 Aug. 10th- Dr. Stall Presentation: Chronic Illness  
 Aug. 12th- 2:00- Senior Board Meeting  
 Aug. 19th- 4:00- General Meeting  
 Aug. 24th- 9:00- Haircuts by Chris

**Daily Schedule:**

Monday- 9:00- Wii Bowling  
 Monday, Wednesday & Friday-1:00- Bingo  
 Tuesday & Thursday- 10:00-12:00- Water Exercise @ Belle Center

Wednesday-10:00-Bible Study Class w/Mrs. Barbara Reed/11:15- Stretch Band Exercise  
 Thursday-10:30- Line Dance \$2.00/1:00-Pinochle Tournament  
 Friday- 10:30- Exercise

**C.R.U.C.I.A.L. Senior Center**  
**230 Moselle Street, Buffalo, New York 14211**  
**(716) 895-8891, Fax (716) 895-1182**

Tuesday: 11:30-3:30- Crafts  
 12:00- 4:30- Jewelry  
 Wednesday: 1:00-4:30- Bridge Club  
Bible Study: every 2<sup>nd</sup>- Wednesday of the Month  
 Thursday: 11:30-12:30- Line Dancing  
 12:30- 1:15- Group Lunch  
Cards, Dominoes, Bridge, etc.  
 Friday: 1:00- 4:30- Bridge Club

**Moot Senior Center**  
**292 High Street, Buffalo, New York 14204**  
**Carrie Bryant, (716) 882-4637, (716) 240-9389**

Aug. 6th- Wear Something Purple Day: Amanda Jackson Day- She is 102 years old!!  
 Aug. 7th- 11:00-2:00- Parking Lot Picnic/Yard Sale  
 Aug. 8th- 1:00- 2:00- Farmer's Mobile Market  
 Aug. 13th- 1:00- Bison Game  
 Aug. 10:00-12:00- Legal Services  
 Aug. 21st- Birthday Luncheon Celebration  
 Aug. 27th- 1:30- Ice Cream on Jefferson Ave.  
 Aug. 28th- 11:30-2:00- Chiavetta's Chicken Dinner: \$10 donation/advance; \$11/ day of sale

**Weekly Program:** Wednesday- Friday  
**\*\*Wear Something Pink for Breast Cancer Awareness Month every Thursday\*\***  
 Wed. 10:45-11:45- Bible Study w/Carolyn D. Harris  
 Thurs. 10:45-11:45- Moot Chorus w/Bessie Patterson-Directing  
 Fri. 11:00-11:45- Fitness w/Carrie  
**\*\*We will not have Best Breakfast until further notice**

**Gloria J. Parks Community Center**  
**3242 Main Street, Buffalo, New York 14214**  
**(716) 832-1010, (716) 832-5099, www.udcda.org**

Mondays: 11-12:00- Stretch Band Exercise/12:00- Lunch/1:00-3:00-Arts & Crafts  
Tuesdays : 10:30-12:00 -Bingo/12:00-Lunch/1:00-3:00-Arts & Crafts  
Wednesday: 11:00- 12:00- Hustle for Health/12:00- Lunch /1:00- 2:00- Computer Class/1:00-2:30-Wii Bowling

Wednesday Evenings: 6:30-8:00P.M.- Line Dancing w/Sandra Hall- \$3/class  
Thursdays: 10:30-12:00- Bingo/12:00-Lunch/12:30-1:30-Bingo/1:30-Arts & Crafts  
Fridays: 10:30-12:00- Tai Chi- 1st & 4th Fridays

## August 2015 - Announcements

**For All Trips:** Send checks or money orders payable to: City of Buffalo, Division for Senior Services; 65 Niagara Square, Room 8A City Hall, Buffalo, NY 14202

**TRAVEL CLUB MEETINGS @ RICHMOND-SUMMER SENIOR CENTER:**

Every **2nd Wednesday** of the Month; Contact Lisa for more information at 851-4204. Next Meeting is **August 12th, 2015 @ 2:00 pm.**

**WINE TASTING: NIAGARA WINE TRAIL TOUR**

**TUESDAY, AUGUST 18, 2015 \$12/payment is your reservation.** Visit unique Black Willow Winery and taste their wines and artisan chocolates. Also, available is Mead, an ancient honey-wine, as well as oils and vinegars. Lunch is at the picturesque Wilson House Restaurant on the shore of Lake Ontario. Then on to Schulze Vineyards, where sparkling wines are a specialty! Finish our tour at Victorianbourg Wine Estate, which began with a dream and is becoming one of the fastest-growing wineries on the trail!

Bus departs: 9:30 am, back of City Hall and will return at 4:30 pm. Lunch is on your own!

**TRAVEL CLUB: BILTMORE ESTATE & ASHVILLE, N. CAROLINA TRIP:**

**OCTOBER, 18- 23, 2015 \$455/PERSON; DOUBLE OCCUPANCY** Spend a full day at the Estate & gardens designed by Frederick Law Olmstead! Tour Ashville, St. Lawrence Basilica, & the famous Folk Art Center. Call Lisa for more information at 851-4204.

**TRAVEL CLUB NEWS:**

In order to plan a successful 2015 year of day and over-night trips, we would appreciate your suggestions. Please fill out our brief survey and mail or fax your ideas back to our office. Your input is very important to us!

### Clip & Send

**Day Trips:**

Wine Tasting: \_\_\_\_\_

Shopping: \_\_\_\_\_

Museums/Historical: \_\_\_\_\_

Other: \_\_\_\_\_

**Over-Night Trips:**

Montreal/Quebec, NYC/Boston, Washington/Philadelphia

Other: \_\_\_\_\_

MAIL TO: Division for Senior Services

65 Niagara Sq., Room 8A

Buffalo, New York 14202 or FAX TO: (716) 851-5803

City of Buffalo Division of Senior Services  
65 Niagara Square, 8A City Hall  
Buffalo, New York 14202-3324

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TO:

# Mayor Byron Brown's Senior City Life

August 2015



*Inspirational Quote of the Month:*

***"The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart"***

***Helen Keller***