



# SENIOR CITY LIFE



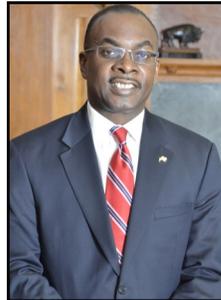
July 2015 • Vol. 7, Number 7

CITY OF BUFFALO  
DIVISION OF SENIOR  
SERVICES

Otis T. Barker, Sr.  
Commissioner  
Douglas R. Ruffin  
Director



## Greetings from Mayor Byron Brown



Happy Independence Day! This month we celebrate our nation's birthday, a time when it was declared that all men are created equal. June was a great month for our city;

July promises to be even busier as summer events kick into high gear throughout Buffalo.

Last month, we continued to build Buffalo as a city of opportunity. We broke ground on a nearly \$3 million development at 347 East Ferry that will provide affordable housing for veterans, the city received a grant from Coca-Cola and Keep America beautiful that will provide 75 recycling bins to help us reach our recycling goal of 34% and we announced that Krog Corp. filed site plans for the redevelopment of the Trico Building. This \$50 million project will include an extended-stay hotel, residential apartments, commercial and retail space.

As summer begins, city pools and splash pads are open for families to enjoy

and cool off during our warmer months. Pools and splash pads will be open from July 1 through September 7 from 11AM-7PM, weather dependent. I hope all of you take advantage of the warm weather and set aside time to visit one of our many phenomenal parks, including LaSalle Park, Erie Basin Marina and Canalside.

This month, Buffalo will host the 32<sup>nd</sup> Taste of Buffalo, the largest two-day food festival in the nation. On July 11th and 12th you can come out and sample food from 57 restaurants and food trucks and six New York State wineries. I'll be there, too, as I am once again serving as a Taste of Buffalo Food Judge. In addition to the Taste of Buffalo, the city is also hosting the Masten District Jazz and the annual Independence Day Parade.

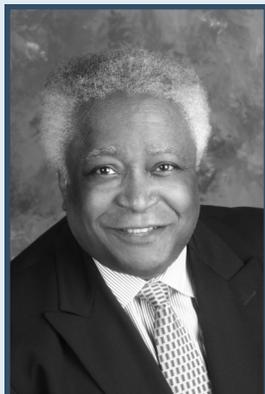
In closing, congratulations to Michael Sapp, our senior of the month who is featured in this edition of the newsletter! I look forward to seeing many of you out and about at one of our wonderful festivals in Buffalo.

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## Greetings from Douglas Ruffin, Director



### A Message from the Director

**Greetings, My Fellow Senior's:**

**I hope that you are enjoying your summer! To assist you with a small part of that enjoyment, the Division has sponsored a few events that have received rave reviews. And we still have a few summer events on the schedule that you might enjoy, but here is what we need from you!**

**We really need to hear from you, about the types of activities that you would enjoy. So far, all of the sponsored activities have met the identified needs, but if we borrow from the old adage that two heads are better than one, then its possible that input from as many of you as possible might help us to keep the quality and variety in the trips that you expect.**

**So, please feel free to join our travel club, or to call our office at 851-4141 at any time and let us have your suggestions.**

**And, finally, for those of you who have been asking about the Mayor's 5<sup>th</sup> Annual Summer Barbeque & Pig Roast, it looks like it will be held within the first two weeks of August, depending on the weather forecast. Interested parties should call the office for further details.**

## Senior Services Donation Coupon

Please accept my donation to Senior Services for basic needs, activities, leisure, recreational programming, and general activities.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Zip Code: \_\_\_\_\_

**MAIL TO: Division for Senior Services  
65 Niagara Sq., Room 8A  
Buffalo, New York 14202**

## BUFFALO OPPORTUNITY PLEDGE DESIGN COMPETITION



IBM and LAMAR Advertising have partnered with the city to host a design contest to develop a logo that will promote the Buffalo Opportunity Pledge. The City of Buffalo Opportunity Pledge is an important component of Mayor Byron Brown's collaborative effort to celebrate the diversity of the city of Buffalo, and to ensure that all city residents and businesses benefit from the city's rising prosperity.

The winning submission will receive:

- One-year Adobe Creative Cloud subscription and Wacom Pen (\$680 value)
- Logo displayed citywide on billboards
- Logo featured on Government Channel 22, City of Buffalo website, social media and at community events.
- Artist and logo featured at media events as it relates to the Buffalo Opportunity Pledge.

## Senior Spotlight: Michael Sapp



Michael's nomination has come from the Richmond Summer Senior Center and a loving family member, Ms. Shirley Sapp-Burgess and I quote: "I am writing this letter to thank you for the opportunity to praise Michael. Mr. Sapp is my younger brother, I am proud to say he is a caring, motivated man. He has overcome adversity in his life, both learning and growing from these situations. Michael is an accomplished chef; He works well with others. He is a team player; bringing creativity and understanding to any situation.

In addition, Michael is a valued member and participant at the Richmond Summer Senior Center. Michael has served as the chef for many of our "cook-outs" and parties at our center. We all congratulate Michael on his nomination as the City of Buffalo's senior of the month.

Do you know a special senior who you'd like to see featured in the Senior Spotlight? If so, please send us a letter detailing the individual's life, a photo and your contact information to Senior Services, 65 Niagara Square - Room 8A, Buffalo, NY 14202. You can also email us at [druffin@city-buffalo.com](mailto:druffin@city-buffalo.com).

## Senior Center - Activities

**Autumnwood Senior Center**  
**1800 Clinton Street, Buffalo, New York 14206**  
**Julianne Panty, Director**  
**(716 ) 826-7895 / Fax: (716) 826-7897**

**A 4 Week Tai Chi/Yoga Class will be offered at the Autumnwood Senior Center for the month of August. Interested seniors should call the center at 826-7895.**

**Dates and time of the class to be announced.**

Jul. 3rd- **CENTER CLOSED: 4TH OF JULY**  
 Jul. 7th- 10:00- 12:00- Each week has Various Activities (game shows, healthy recipes/snacks, low impact exercise & crafts) with the students from UB's Occupational Therapy Department; Seniors interested in participating please sign up  
 Jun. 8th- Jul. 13th-10:00- Lunch Bunch: Canalside; Group size is limited; please sign up at center  
 Jul. 20th-10:00- VAN Bingo Trip to Holy Mother of the Rosary  
 Jul. 23rd- 10:30- Build your own Salad & Bingo Party: Raffles & Prizes, \$5/person; Payment due 7/15  
 Jul. 24th- 10:00- Book Club with Loretta  
 Jul. 27th- Lunch Bunch @ Becker Farms: Group size limited; please sign up at the Center  
 Jul. 29th- 10:30-3:30- Breakfast & Bingo Party: Raffles & Prizes, \$5/person; Payment due 7/9  
 Jul. 31st- 9:00- 2:00- Excalibur Boat Ride & Lunch on your own @ Doug's Dive: Space Limited, Transportation on your own; \$5/person; Payment due by 7/16

### Daily Programs: Call Center

#### Coming Events:

8/3-10:00- Lunch Bunch @ Marina: Group size limited; Please call Center  
 8/10- 9:00- 3:30-AARP Safe Driving Program: Payment due by 7/30  
 8/10- 10:00- VAN Bingo Trip to Holy Mother of the Rosary  
 10/12- 10:30- 3:30- Sub & Bingo Party: Raffles & Prizes, \$5/person; Payment due by 7/29  
 8/17- 10:00- Lunch Bunch & Shopping @ TBA: Group size limited, Trans. on your own; \$5/person; Payment due by 7/29  
 8/21- 9:00- 2:00- Excalibur Boat Ride & Lunch on your own @ Doug's Dive: Space limited, Trans. on your own; \$5/person; Payment due by 7/29  
 8/24- Autumnwood's Annual Summer Serenade with Music by Sugar N' Jazz Orchestra: Catered Meal, Raffles & Prizes; \$12/person; Payment due by 8/13  
 8/27- Guys & Dolls Birthday for July & August  
 8/28- 10:00- Book Club with Loretta  
 Aug. 31st- 10:30-3:30- Hamburger & Cheeseburger Bingo Party: Raffles & Prizes, \$5/person; Payment due by 8/20

**Richmond-Summer Senior Center**  
**337 Summer Street, Buffalo, New York 14222**  
**Kerry Saunders, (716) 885-3290**

Jul. 2nd- 4th of July Lunch & Bingo: Salad and Grilled Food- \$4/person  
 Jul. 7th- 9:00- Senior Shopping: Walmart  
 Jul. 8th- 10:00- Boat Ride & Lunch: Small Boat Harbour  
 Jul. 9th- Senior Shopping: Price Rite in Kenmore  
 Jul. 13th-Hair Cuts w/George  
 Jul. 14th- 11:00- Bingo on the Road  
 Jul. 16th- 10:00- Fort Niagara & Lunch  
 Jul. 21st- 9:00- Visit Paula Donuts & Seniors Shopping: Tops  
 Jul. 23rd- 10:00- Tonawanda Canal Side: All Day  
 Jul. 28th- 9:00- Walk Canal Side  
 Jul. 31st- 10:00- Free Breakfast & Bingo

### Daily Programs:

Mondays- 11:00- Zumba  
 Tuesdays-1:30-Line Dancing w/Barbara- \$1  
 Wednesdays-11:00- Yoga- \$1  
 Thursdays-10:00-Tai Chi  
 Fridays- 11:00- Exercise Group

#### Upcoming Events:

Aug. 7th- 8:00- 4:00 & Aug. 8th- 8:00- 3:00- Richmond Summer Annual Rummage Sale: \$15 a table, per day- Donations accepted  
 Richmond Summer Senior is a Senior Lunch Site we serve Lunch Daily @ 12pm. We offer FREE Van Pick up for those Senior who what a Hot nutritious Lunch; a small fee is suggested, but not required. Call 885-3290  
**\*\*We would like to Thank (Paula's Donuts) for the continued support of our seniors at the Richmond Summer Center**

**Friends of the Elderly/Dorothy J. Collier  
Community Center**

**118 East Utica Street, Buffalo New York, 14209  
Laura Hayden, 882-0602**

Monday-Friday:

10:00– 10:30– Continental Breakfast, 12:00– 12:30–  
Stay Fit Dining Site: 60yrs. & older; R.S.V. P. Required  
(Confidential Donation): \$3.50

Tuesday & Thursday:

10:30– until– Craft Guild  
11:00– 12:00– Bridge/Bid Whist (R.S.V.P required)/  
D'Youville Balance Exercise

Wednesday:

9:00– until ?– Bread Pantry, 12:30– 1:30– Bible Study,  
11:00– 1:00– Bi– Monthly Case Management Day: 3rd

Wednesday of every TWO months

Thursday:

11:00– 3:00– Chess Club  
1:00– 2:00– Penny Saver Coupons/Recipe Exchange  
Club

1:30– 3:00– Bingo: Come Socialize & win prizes

Friday:

9:30– until ?– Bread Pantry  
11:00– 12:00– Band Fitness: Bring your band & wear  
your T-shirt  
12:30– 1:30– Friday Fellowship Day: Game Day

**UPCOMING EVENTS:**

Call Center

**Delavan Grider Community Center**

**877 E. Delavan Avenue, Buffalo, New York 14215  
(716) 896-7021**

Mondays: 9:30-2:30– Walking/Fitness-Gym, 9:30-2:30–  
Fitness Room, 10:30-12:00– Line Dancing, 12:00-1:30–  
Jewelry Making/Scrapbooking–(2nd & 4th Mondays),  
1:30-2:30– Rite Aid Mondays– Health Topics; Tuesdays:  
9:30-2:30- Walking Fitness-Gym, 9:30-2:30– Fitness  
Room, 12:00-1:00– Zumba Senior Class: Members  
Free, & Guests, \$3/class, 1:00-3:00; Wednesdays: 9:30–  
2:30– Walking /Fitness-Gym, 9:30-2:30– Fitness Room,  
1:00–2:00– Board and Card games ; Thursdays: 9:30–  
2:30–Walking Exercise– Gym, 9:30– 2:30– Fitness  
Room, 10:30-12:00– Line Dancing, 12:30– 1:30- Inspira-  
tional Time; Fridays: 9:30– 2:30-Walking Exercise-

Gym, 9:30-2:30-Fitness Room, 10:00-11:15– Stretch  
Band Exercises, 12:00-3:00– Movies-Friday Afternoon

**Van Service to Delavan Grider Community Center:**

**Mon.- Fri.**

**Picked up from your home & returned**

**Start: 10:00 & Return: 3:00**

**Erie County Suggested donation: \$3.00 each way; call  
Center to sign-up**

**\*Erie County Stay Fit Dining Site: 60+ residents;  
\$3.00/confidential donation, will not be turned way for  
inability to pay. Meals served Mon. –Fri. 12:30**

**Pratt Willert Community Center:**

**422 Pratt Street, Buffalo New York, 14208  
Tiffany Lewis, (716) 852-1671**

**Edward Saunders Community Center:**

**2777 Bailey Avenue, Buffalo, New York 14215  
Kenneth Simmons, 332-4380**

**Monday**: 10:00-11:00-Coffee/News/Exercise/11:00-  
12:00-Memory Games/Puzzles; 12:00- 1:00- Lunch/12:00  
-1:00– Line Dancing (Pratt Willert Only) \*Edward Saun-  
ders Center– Please note: Movies trips once per  
mont\***Tuesday**:10:00-11:00- Coffee/ News/Exercise  
11:00-12:00- Game Day: Pokeno, Bingo, Cards, & Dom-  
inoes/12:00-1:00- Lunch/1:00- 2:00– Art or Informational  
Presentation\*\* Pratt Willert Center– Please note: Movies  
trips once per month

**Wednesday**: 10:00-11:00- Coffee/News/Exercise:

11:00– 12:00- Crafting/12:00– 1:00– Lunch/1:00-2:00–  
Crafting

**Thursday**: 10:00-11:00- Coffee/News/Exercise/ 11:00-  
12:00-Open Discussion: Presenters from different health  
organizations/12:00-1:00- Lunch/ 1:00– 2:00– Crafting

**Friday**: 10:00-11:00- Coffee/News/Exercise/11:00–  
12:00-Shopping Trips twice per month/ 12:00-1:00–  
Lunch

**\*\*Pratt Willet– Attica Arcade Railroad Trip w/**

**Lunch**:

**Sept. Or Oct. 2015– Board the train on Attica Arcade  
Railroad. After train ride have lunch in area. Call  
center for more info**

**\*\*Field Trips for the seniors @ Pratt & Edward Saun-  
ders: Call Center**

**Schiller Park Senior Citizen Center**  
**2057 Genesee Street, Buffalo, New York 14211**  
**Marcey Ivey, Linda Larson, (716) 895-2727**

Jul. 1st– BC/BS: Brain Food  
 Jul. 3rd– CENTER CLOSED  
 Jul. 8th– 2:00– Board Meeting  
 Jul.13th– 10:00-12:00- BC/BS: Insurance Info  
 Jul. 15th– 4:00– General Meeting  
 Jul. 22nd– 10:00– Fidelis: Insurance Info  
 Jul. 27th– 9:00– AARP Driving Class  
 Jul. 27th– 9:00-Haircuts by Chris  
 Jul. 28th– Univera: Insurance Info

**Daily Schedule:**

Monday– 9:00- Wii Bowling  
 Monday, Wednesday & Friday-1:00- Bingo  
 Tuesday & Thursday– 10:00-12:00– Water Exercise  
 @ Belle Center

Wednesday-10:00-Bible Study Class w/Mrs. Barbara Reed/11:15- Stretch Band Exercise  
 Thursday-10:30- Line Dance \$2.00/1:00-Pinochle Tournament  
 Friday- 10:30- Exercise

**C.R.U.C.I.A.L. Senior Center**  
**230 Moselle Street, Buffalo, New York 14211**  
**(716) 895-8891, Fax (716) 895-1182**

Tuesday: 11:30-3:30- Crafts  
 12:00- 4:30– Jewelry  
Wednesday: 1:00-4:30- Bridge Club  
Bible Study: every 2<sup>nd</sup>- Wednesday of the Month  
Thursday: 11:30-12:30- Line Dancing  
 12:30- 1:15- Group Lunch  
Cards, Dominoes, Bridge, etc.  
Friday: 1:00– 4:30- Bridge Club

**Moot Senior Center**  
**292 High Street, Buffalo, New York 14204**  
**Carrie Bryant, (716) 882-4637, (716) 240-9389**

Jul. 8th– Moot re-opens after 4th of July  
 Jul. 10th– Shopping at WalMart  
 Jul. 11th– 8:00PM-11:00PM (Saturday) Moot “All White” Evening Affair  
 Jul. 15th– 1:15– Bingo  
 Jul. 16th– 10:00-12:00– Legal Assistance  
 Jul. 17th– July Birthday Celebration Luncheon  
 Jul. 22nd– 1:30– Friendly Visit  
 Jul. 23rd– 1:00– Bison Baseball Game  
 Jul. 30th– 1:15– Canal Side Tour

**Weekly Program:** Wednesday– Friday  
**\*\*We will not have Best Breakfast until further notice**

Wed. 10:45-11:45- Bible Study w/Carolyn D. Harris  
 Thurs. 10:45-11:45- Moot Chorus w/Bessie Patterson  
 - Directing Fri. 11:00-11:45- Fitness w/Carrie

**Gloria J. Parks Community Center**  
**3242 Main Street, Buffalo, New York 14214**  
**(716) 832-1010, (716) 832-5099, www.udcda.org**

Mondays: 11-12:00– Stretch Band Exercise/12:00-Lunch/1:00-3:00-Arts & Crafts  
Tuesdays : 10:30-12:00 –Bingo/12:00-Lunch/1:00-3:00-Arts & Crafts  
Wednesday: 11:00– 12:00- Hustle for Health/12:00–Lunch /1:00– 2:00– Computer Class/1:00-2:30-Wii Bowling

Wednesday Evenings: 6:30-8:00P.M.– Line Dancing w/Sandra Hall- \$3/class  
Thursdays: 10:30-12:00– Bingo/12:00-Lunch/12:30-1:30-Bingo/1:30-Arts & Crafts  
Fridays: 10:30-12:00- Tai Chi- 1st & 4th Fridays

## July 2015 - Announcements

**For All Trips:** Send checks or money orders payable to: City of Buffalo, Division for Senior Services; 65 Niagara Square, Room 8A City Hall, Buffalo, NY 14202

**TRAVEL CLUB MEETINGS @ RICHMOND-SUMMER SENIOR CENTER:**

Every **2nd Wednesday** of the Month; Contact Lisa for more information at 851-4204. Next Meeting is **July 8th @ 2:00**

**WINE TASTING: NIAGARA WINE TRAIL TOUR**

**TUESDAY, AUGUST 18, 2015 \$12/payment is your reservation.** Visit unique Black Willow Winery and taste their wines and artisan chocolates. Also, available is Mead, an ancient honey-wine, as well as oils and vinegars. Lunch is at the picturesque Wilson House Restaurant on the shore of Lake Ontario. Then on to Schulze Vineyards, where sparkling wines are a specialty! Finish our tour at Victorianbourg Wine Estate, which began with a dream and is becoming one of the fastest-growing wineries on the trail!

Bus departs: 9:30 am, back of City Hall and will return at 4:30 pm. Lunch is on your own!

**TRAVEL CLUB: BILTMORE ESTATE & ASHVILLE, N. CAROLINA TRIP:**

**OCTOBER, 18- 23, 2015 \$455/PERSON; DOUBLE OCCUPANCY** Spend a full day at the Estate & gardens designed by Frederick Law Olmstead! Tour Ashville, St. Lawrence Basilica, & the famous Folk Art Center. Call Lisa for more information at 851-4204.

**TRAVEL CLUB NEWS:**

In order to plan a successful 2015 year of day and over-night trips, we would appreciate your suggestions. Please fill out our brief survey and mail or fax your ideas back to our office. Your input is very important to us!

### Clip & Send

**Day Trips:**

Wine Tasting: \_\_\_\_\_

Shopping: \_\_\_\_\_

Museums/Historical: \_\_\_\_\_

Other: \_\_\_\_\_

**Over-Night Trips:**

Montreal/Quebec, NYC/Boston, Washington/Philadelphia

Other: \_\_\_\_\_

MAIL TO: Division for Senior Services

65 Niagara Sq., Room 8A

Buffalo, New York 14202 or FAX TO: (716) 851-5803

City of Buffalo Division of Senior Services  
65 Niagara Square, 8A City Hall  
Buffalo, New York 14202-3324

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TO:

# Mayor Byron Brown's Senior City Life

July 2015



*Inspirational Quote of the Month:*

***“We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.”***