



SENIOR CITY LIFE



May 2015 • Vol. 7, Number 5

CITY OF BUFFALO
DIVISION OF SENIOR
SERVICES

Otis T. Barker, Sr.
Commissioner
Douglas R. Ruffin
Director



Greetings from Mayor Byron Brown



This month we pay tribute to people who have worked tirelessly to pave the road for where we are today.

We celebrate you on not only this special day, but every day of the year.

Be sure to look at your centers schedule or call them to find out what they have planned to celebrate your special day.

May is designated as Older Americans Month.

On Memorial Day, Monday, May 25, we will remember and honor our men and women in uniform who have given the ultimate sacrifice to protect our life, liberty and pursuit of happiness. Their bravery in the face of danger, reminds us that freedom is never free.

Established in 1963, this is a time spent celebrating the special people in our lives who have laid the groundwork for our present, as we continue working to make our communities a better place for future generations. In this month's newsletter, you will find a wide array of activities to celebrate this month.

In this edition, you will read a memorial to Donna Deyot, this month's senior of the month.

Happy Mother's Day to all of the mothers, grandmothers, aunts and mother figures, you all have done a great deal setting an example and standard for all of us.

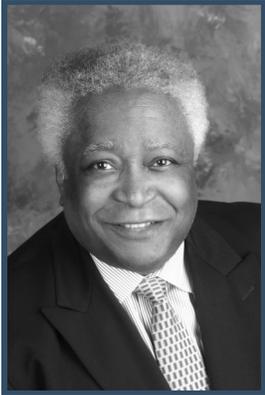
Again, I look forward to seeing you as we ease into a new season. I plan to stop by a number of our city senior centers in the next few weeks.

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Greetings from Director Douglas Ruffin



[A Message from the Director](#)

Hello Fellow Buffalonians:

We are now in the Month of MAY! This particular month represents some very special times and memories for a lot of seniors. The month of May is known as National Older Americans Month. The City of Buffalo is sponsoring several special events and activities in celebration of Buffalo's senior population. These activities have been posted in the last few newsletters, but if you miss any of the announcements, please feel free to call the office.

The month of May is also known for "May Day" celebrations, Cinco de Mayo, Mother's Day, and Memorial Day. All of these are special days and celebrations. So, let's not allow this month pass without at least making contact in some way, with those who are recognizing these special days. Pick one, or acknowledge all. Enjoy!

Senior Services Donation Coupon

Please accept my donation to Senior Services for basic needs, activities, leisure, recreational programming, and general activities.

Name: _____

Address: _____

City: _____

State/Zip Code: _____

**MAIL TO: Division for Senior Services
65 Niagara Sq., Room 8A
Buffalo, New York 14202**

Nextdoor

In March, Mayor Byron Brown and the Buffalo Police Department announced a partnership with Nextdoor (www.nextdoor.com), a private social network for neighborhoods. The goal of this partnership is to improve citywide and neighbor-to-neighbor communications.

Since its official launch in Buffalo, residents have been using Nextdoor to share information about upcoming events, tips on reducing crime and other things such as lost and found pets. Led by Mayor Byron Brown and Police Commissioner Daniel Derenda, this integration with Nextdoor will enable the Mayor's Office and the Buffalo Police Department to use Nextdoor to build stronger, safer communities with the help of Buffalo residents. Police post neighborhood specific updates such as street closures due to parades and festivals, missing person's reports and safety tips.

Nextdoor is free for residents and the City. Each Buffalo neighborhood has its own private Nextdoor neighborhood website, accessible only to residents of that neighborhood. Neighborhoods establish and self-manage their own Nextdoor website and the City will not be able to access residents' websites, contact information, or content.

All members must verify that they live within the neighborhood before joining Nextdoor. Information shared on Nextdoor is password protected and cannot be accessed by Google or other search engines. Those interested in joining their neighborhood's Nextdoor website can visit www.nextdoor.com and enter their address. If residents have questions about their Nextdoor website, please visit help.nextdoor.com.

Senior Spotlight: Donna Deyot



Memorial to Donna Deyot

Donna Deyot was a person who never had a sense of negativity. She would brighten up the office even on the cloudiest or snowiest of days. She has been with the Wellness Institute of Greater Buffalo for 9 years and had great relationships with office members, interns, and community members. Donna was always up to date with what soups they were serving in the cafeteria that day and of course with the latest news that was always a wonderful conversation starter. She was someone who made life easier by putting a mile on your face as soon as you walked in the door. Her generosity for others is something to cherish and remember her by. She was a great role model for our interns and taught us to never take life so seriously, even on the toughest days. We will never forget her spunky attitude and love for others and her spirit will live in each and every one of us; in our own special way.

Donna was greatly involved with the Erie County Mall Walks, Walks in the Park, Falls Prevention Coalition, and Matter of Balance, among others.

She reached out to so many people that have benefited from her work and has touched their lives in positive ways. Donna will be greatly missed but our memories with her live within us and will be deeply cherished.

The Wellness Institute Staff, Board, and Friends.

Senior Center - Activities

Autumnwood Senior Center
1800 Clinton Street, Buffalo, New York 14206
Julianne Panty, Director
(716) 826-7895 / Fax: (716) 826-7897

May 4th- 10:00- Lunch Bunch: Gordie Harper's Bazar & Shopping @ Niagara County Produce- Space limited; please sign up at the Center

May 7th- 12:00- Mother's Day Holiday Luncheon by the Nutrition Program: \$3/person; reserve lunch by 4/28

May 7th- 1:00- Performance by the Niagara Frontier Fiddle Club

May 7th- 2:00- Mother's Day Holiday Jingo Party: Refreshments, Prizes, & Raffles- \$4/person; Payment due by 4/29

May 11th- 9:00-3:30- AARP Safe Driving Program: AARP Members \$20/Non-Members-\$25; Must Sign-up in advance; Payment due by 4/30

May 11th- 10:00- Van Bingo Trip: Holy Mother of the Rosary

May 13th- 10:30-11:30- Buffalo History & Architecture Presentation by Chuck LaCiusa: "Houses of Oakland Place"

May 18th- Beef on Weck & Bingo Party: \$5/person; due 5/13

May 21st- 12:00- Guys & Dolls Birthday Lunch: Celebrate April & May Birthdays- Free Cake & Coffee with a meal purchase

May 21st- 1:00- Birthday Jingo: Birthday members, birthday card & 2 free bingo boards w/ a meal purchase

May 22nd- 10:00- Book Club w/Loretta

May 25th- CENTER CLOSED: MEMORIAL DAY

Daily Programs:

Tues & Thurs: 10:00-12:00- Water Class at the Father Belle Center

Tuesdays, Wednesdays & Thursdays: 1:00- Jingo

Wednesday: 10:00- 12:00- Social Worker- 1st & 3rd Wednesday of every month; 1:00- Jingo

Friday: 1:00- Pinochle Club

Coming Events:

6/8- 9:00-3:30- AARP Safe Driving Program: AARP Members \$20/Non-Members-\$25; Must Sign-up in advance; Payment due by 5/28

6/8- 10:00- Lunch Bunch: Ole' Man River; Group size limited; please sign up at the Center

6/11- 12:00- Father's Day Pizza & Wing Party: \$5/person; payment due by 6/4

6/11- 1:00- Father's Day Family Feud Party: *Refreshments *Prizes *Raffles*

6/15- 10:30- 3:00- Fontana Cook-Out at Autumnwood & Musical Entertainment: \$4/permit; payment due by 6/4

6/24- 11:00- Buffalo History & Architecture Tour: "What's New in Buffalo" & Lunch @ Gene McCarthy's, \$50/person; payment due by 6/4. Limited spaces available, sign up early

6/29- 11:00- 6:30- Seneca Niagara Casino Fund Raiser Trip: \$ 30 Slot Dollars & Free Buffet, \$30/person; payment due by 5/28

Richmond-Summer Senior Center
337 Summer Street, Buffalo, New York 14222
Kerry Saunders, (716) 885-3290

May 5th- 10:00- 2:00- Mayor Brown's Senior Community Wellness Fair

May 7th- 1:00- Mother's Day Dinner/Social: Turkey, Stuffing, etc. Flowers for Mothers- \$4

May 7th & 8th- 8:00-3:30- Senior Citizen Craft Show @ City Hall

May 12th- 9:00-Shopping @ Price Rite: Cheektowaga; Free van ride

May 13th- Hair Cuts by George

May 14th- 9:00- Mall Walk: McKinley Mall

May 18th- 9:00- Shopping: Wal-Mart in Amherst

May 19th- 9:00- Shopping: Aldi in Elmwood

May 22nd- 12:00- Memorial Day BBQ: Bingo Outside (if weather permits); \$5

May 26th- 9:00- Senior Mall Walk: Galleria Mall; Free van ride

May 29th- 10:00- Free Senior Breakfast & Bingo

Upcoming Events: Cooking Demonstrations & Easy Internet Access Lessons

Daily Programs:

Mondays- 11:00- Zumba

Tuesdays-1:30-Line Dancing w/Barbara- \$1

Wednesdays-11:00- Yoga- \$1

Thursday-10:00-Tai Chi

Fridays- 11:00- Exercise Group

Richmond Summer Senior is a Senior Lunch Site we serve Lunch Daily @ 12pm. We offer FREE Van Pick up for those Senior who what a Hot nutritious Lunch; a small fee is suggested, but not required. Call 885-3290

**Friends of the Elderly/
Dorothy J. Collier Community Center
118 East Utica Street, Buffalo New York, 14209
Laura Hayden, 882-0602**

Monday-Friday:

10:00– 10:30– Continental Breakfast, 12:00– 12:30– Stay Fit Dining Site: 60yrs. & older; R.S.V. P. Required (Confidential Donation): \$3.50

Tuesday & Thursday:

10:30– until– Craft Guild
11:00– 12:00– Bridge/Bid Whist (R.S.V.P required)/
D'youville Balance Exercise

Wednesday:

9:00– until ?– Bread Pantry, 12:30– 1:30– Bible Study,

11:00– 1:00– Bi– Monthly Case Management Day: 3rd Wednesday of every TWO months

Thursday:

11:00– 3:00– Chess Club
1:00– 2:00– Penny Saver Coupons/Recipe Exchange Club
1:30– 3:00– Bingo: Come Socialize & win prizes

Friday:

9:30– until ?– Bread Pantry
11:00– 12:00– Band Fitness: Bring your band & wear your T-shirt
12:30– 1:30– Friday Fellowship Day: Game Day

UPCOMING EVENTS:

Call Center

**Delavan Grider Community Center
877 E. Delavan Avenue, Buffalo, New York 14215
Candace Moppins, (716) 896-7021**

Mondays: 9:30-2:30– Walking/Fitness-Gym, 9:30-2:30– Fitness Room, 10:30-12:00– Line Dancing, 12:00-1:30– Jewelry Making/Scrapbooking-(2nd & 4th Mondays), 1:30-2:30– Rite Aid Mondays– Health Topics; Tuesdays: 9:30-2:30- Walking Fitness-Gym, 9:30-2:30– Fitness Room, 12:00-1:00– Zumba Senior Class: Members Free, & Guests, \$3/class, 1:00-3:00; Wednesdays: 9:30– 2:30– Walking /Fitness-Gym, 9:30-2:30– Fitness Room, 1:00– 2:00– Board and Card games ; Thursdays: 9:30– 2:30– Walking Exercise– Gym, 9:30– 2:30– Fitness Room,

10:30-12:00– Line Dancing, 12:30– 1:30- Inspirational Time; Fridays: 9:30– 2:30-Walking Exercise-Gym, 9:30-2:30-Fitness Room, 10:00-11:15– Stretch Band Exercises, 12:00-3:00– Movies-Friday Afternoon

Special Events:

DINNER FOR TWO MOTHER'S DAY RAFFLE:

Raffle cost: \$5.00 per ticket • Prize: Russell's Steak, Chop and More, Salvatore's Grand Hotel

located at 6675 Transit Rd Williamsville, NY 14221

The One Night Overstay Package includes: Dinner for two from dining for two menu and breakfast for two from Good Morning Breakfast Buffet. **DRAWING HELD SATURDAY, MAY 9, 2015 at the Masten District Stakeholder's Breakfast 8:30am -10:30am Ticket Purchase call 833-0097. (Proceeds benefit School-Age Youth Educational Programs)**

**Pratt Willert Community Center:
422 Pratt Street, Buffalo New York, 14208
Toni Benjamin, (716) 852-1671
Edward Saunders Community Center:
2777 Bailey Avenue, Buffalo, New York 14215
Kenneth Simmons, 332-4380**

Monday: 10:00-11:00-Coffee/News/Exercise/11:00-12:00-Memory Games/Puzzles;12:00- 1:00- Lunch/12:00-1:00– Line Dancing (Pratt Willert Only) *Edward Saunders Center– Please note: Movies trips once per mont*Tuesday:10:00-11:00- Coffee/ News/Exercise 11:00-12:00- Game Day: Pokeno, Bingo, Cards, & Dominoes/12:00-1:00- Lunch/1:00- 2:00– Art or Informational Presentation** Pratt Willert Center– Please note: Movies trips once per month

Wednesday: 10:00-11:00- Coffee/News/Exercise: 11:00– 12:00- Crafting/12:00– 1:00– Lunch/1:00-2:00– Crafting

Thursday: 10:00-11:00- Coffee/News/Exercise/ 11:00-12:00-Open Discussion: Presenters from different health organizations/12:00-1:00- Lunch/ 1:00– 2:00– Crafting

Friday: 10:00-11:00- Coffee/News/Exercise/11:00– 12:00-Shopping Trips twice per month/ 12:00-1:00– Lunch
****Field Trips for the seniors @ Pratt & Edward Saunders: Call Center**

Schiller Park Senior Citizen Center
2057 Genesee Street, Buffalo, New York 14211
Marcey Ivey, Linda Larson, (716) 895-2727

May 4th– 9:00– Haircuts by Chris
 May 4th– 10:00– BC/BS: Insurance information
 May 6th– 10:15– BC/BS: Osteoporosis
 May 11th– 9:00– Casino Trip Seneca Alleghany: \$19
 May 13th– 2:00– Board Meeting
 May 18th– 9:00– AARP Driving Class
 May 20th– 4:00– General Meeting
 May 22nd– Volunteer Day: All Day
 May 25th– Memorial Day: Center Closed
 May 27th– 10:00– Fidelis: Insurance Info
 May 29th– Univera: Insurance Info

Daily Schedule: Call Center

C.R.U.C.I.A.L. Senior Center
230 Moselle Street, Buffalo, New York 14211
(716) 895-8891, Fax (716) 895-1182

Tuesday: 11:30-3:30- Crafts
 12:00- 4:30– Jewelry
 Wednesday: 1:00-4:30- Bridge Club
Bible Study: every 2nd- Wednesday of the Month
Thursday: 11:30-12:30- Line Dancing
 12:30- 1:15- Group Lunch
Cards, Dominoes, Bridge, etc.
Friday: 1:00– 4:30- Bridge Club

Moot Senior Center
292 High Street, Buffalo, New York 14204
Carrie Bryant, (716) 882-4637, (716) 240-9389

***For May Schedule, Call Center**

Weekly Program: Wednesday– Friday
****We will not have Best Breakfast until further notice**
 Wed. 10:45-11:45- Bible Study w/Carolyn D. Harris
 Thurs. 10:45-11:45- Moot Chorus w/Bessie Patterson, Directing
 Fri. 11:00-11:45- Fitness w/Carrie

Gloria J. Parks Community Center
3242 Main Street, Buffalo, New York 14214
(716) 832-1010,(716) 832-5099, www.UDCDA.ORG

Mondays: 11-12:00– Stretch Band Exercise
Tuesdays & Thursdays: 10:30-12:00 & 12:30-1:45–
Bingo/12:00-Lunch
Wednesday: 11:00– 12:00- Hustle for Health/ 1:00– 3:00-
Wii Bowling & Dance
Wednesday Evenings: 6:30-8:00P.M.– Line Dancing w/
Sandra Hall- \$3/class
Fridays: 10:30-12:00- Tai Chi/ 1st & 4th Fridays:
12:30– 2:00- Shuffleboard

Special Events:
Monday May 4,– 9:00– 11:00– Breakfast @ The Parks–
Salute to Spring: \$3/person; Menu includes: Scrambled Eggs/Cheese, Crème Brulee French Toast, Home Fries Potatoes, Bacon & Sausage, Coffee, Tea, and Juice. Free Door Prizes, contact Dell Wilson @ 832-1010 x206
Friday May 15th– 4:30– 8:30- “Dance Into Spring”:
Dinner Dance featuring Lonnie Critteiden’s Odyssey Band; \$10 in advance/ \$15 at the door. Contact Dell Wilson @ 832-1010 x 206 for more info & tickets

May 2015 - Announcements

HEALTHY LIVING

The Division is beginning to implement our spring/summer program of "Healthy Living, Healthy Eating, and Exercise." Please contact your community senior center for participation, time, dates, and classes. Classes will be in TAI CHI, YOGA, and ZUMBA.

If you or your center does not have van transportation, please feel free to contact our office (716) 851-4141. We will only do pick-ups for this project from senior centers or senior housing (groups only). For more information, please call Patricia at (716) 851-4141.

For All Trips: Send checks or money orders payable to: City of Buffalo Division for Senior Services; 65 Niagara Square, City Hall– Room 8A, Buffalo, NY 14202

TRAVEL CLUB: FASHION OUTLETS MALL: NIAGARA FALLS, NY TUESDAY, MAY 12, 2015– 9:00A.M.– 5:00P.M.

Cost: \$10/person, your payment is your reservation; **Depart & Return:** in back of City Hall– S. Elmwood; Call Lisa for more info 851-4204

TRAVEL CLUB MEETINGS @ RICHMOND-SUMMER SENIOR CENTER:

Every **2nd Wednesday** of the Month; Contact Lisa for more information at 851-4204. Next Meeting is **May 13 @ 2:00**

TRAVEL CLUB: MAYOR'S CHOICE: BOTANICAL GARDENS & LUNCH @ ILIO DiPAOLO TUESDAY, MAY 26, 2015– 9:30 A.M.-2:30 P.M.

Thank You, Senior Volunteers! To honor individuals that volunteer at senior centers throughout the year. There will be a visit to the Buffalo & Erie County Botanical Gardens & a great lunch at Ilio DiPaolo's Restaurant. **Centers will be contacted by the Division for Senior Services office.**

TRAVEL CLUB: BUTTERFLY CONSERVATORY & LUNCH @ SWISS CHALET:

WEDNESDAY, JUNE 10, 2015– 9:30 A.M.– 3:00 P.M. See over 2,000 butterflies of the world in a tropical rain forest setting! **Cost:** \$10/person, your payment is your reservation; **Depart & Return:** in back of City Hall– S. Elmwood; **Passport or Enhanced NYS ID is a must!** Call Lisa for more info-851-4204

TRAVEL CLUB NEWS:

In early October we enjoyed a six day trip to Cape Cod. The weather was warm, which made sightseeing to the Heritage Gardens, JFK Museum, Hyannis Harbor Cruise, Provincetown, among others; a fun filled adventure. What a fabulous whirlwind trip!

In order to plan a successful 2015 year of day and over-night trips, we would appreciate your suggestions. Please fill out our brief survey and mail or fax your ideas back to our office. Your input is very important to us!

Clip & Send

Day Trips:

Wine Tasting: _____

Shopping: _____

Museums/Historical: _____

Other: _____

Over-Night Trips:

Montreal/Quebec, NYC/Boston, Washington/Philadelphia

Other: _____

MAIL TO: Division for Senior Services

65 Niagara Sq., Room 8A

Buffalo, New York 14202 **or** FAX TO: (716) 851-5803

City of Buffalo Division of Senior Services
65 Niagara Square, 8A City Hall
Buffalo, New York 14202-3324

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Mayor Byron Brown's Senior City Life

May 2015



Inspirational Quote of the Month:

"Blessed is the season which engages the whole world in a conspiracy of love!"
- Hamilton Wright Mabie

www.city-buffalo.com