



# SENIOR CITY LIFE



June 2015 • Vol. 7, Number 6

CITY OF BUFFALO  
DIVISION OF SENIOR  
SERVICES

Otis T. Barker, Sr.  
Commissioner  
Douglas R. Ruffin  
Director

## Greetings from Mayor Byron Brown



June is always a festive and busy month in Buffalo as families get together to celebrate graduations, recitals, spring concerts and art shows, Father's Day and the start of festival season.

With my family by my side, I've already attended a number of college and high school graduations and enjoyed congratulating my loved ones on earning their degree, beginning a new journey towards higher education or career. Since I first took office, I've worked hard, in partnership with the Buffalo Common Council, to support educational initiatives, including a \$1.3 million investment in Say Yes Buffalo which offers scholarships to Buffalo Public School students. This year, I am also allocating funds to purchase tablet PCs for 500 Say Yes Scholars.

Festival season is a big part of life here in Buffalo. Over the next several months, we will welcome millions of people to our city for the many citywide festivals taking place that celebrate culture, art, music and food in our community. What a wonderful opportunity to showcase Buffalo's rising

prosperity, which includes over \$5 billion in new economic development activity which is expected to create over 12,000 new jobs. Two of the largest festivals kickoff the weekend of June 13<sup>th</sup>: Juneteenth and the Allentown Arts Festival.

Last, but certainly not least, Happy Father's Day to the men who make a positive impact in the lives of so many in our city. We appreciate all of you and the work you do to help prepare future generations for the opportunities that are being created in Buffalo. We are all part of this city. We are all One Buffalo. Please help me continue to foster an even more vibrant Buffalo by signing the Buffalo Opportunity Pledge at [www.city-buffalo.com](http://www.city-buffalo.com).

In closing, congratulations to Patricia Raymond, our senior of the month who is featured in this edition of the newsletter! Also, I enjoyed seeing so many of you at the Richmond Summer Senior Center for our Health and Wellness Fair in May. Over 350 seniors came out to get information on a wide range of services. I look forward to seeing you in the near future as summer begins to heat up.

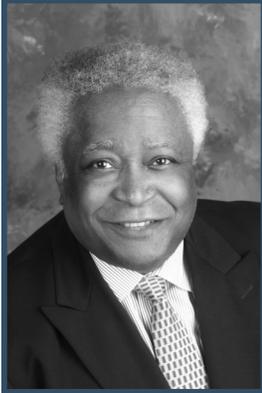


### Inside this Issue

Message from the Director	2
Dunkin' Donuts & Senior Spotlight	3
Senior Center Activities	4-6
June 2015 Announcements	7



## Greetings from Douglas Ruffin, Director



Hello Buffalo Senior Citizens:

We are now into the sixth month of 2015! From my point of view, time seemed to pass by rather quickly; an illusion probably, but one we are all familiar with. There never seems to be enough hours in a day when you have a lot of goals to complete.

If you think back to the beginning of the year, and as it is for most of us at our age, life has delivered many changes. Some of us have lost friend, family and loved ones; some of us have gone through challenging bouts of illness; while others have had friends and family leave the area for other opportunities.

One of our collective 2015 goals at the Division of Senior Services was to improve the lives of senior's in Buffalo, New York whenever we could. We sincerely hope that we have made progress towards that objective, but in the final analysis, you, and history will have to be the judge.

Usually, when thing are not going as well as some of our seniors had hoped, we hear about it from several sources; and that is actually good, because it helps us to re-fine and improve our service. However, it would also be great and very motivating to our staff to occasionally hear that the extra time and effort put into creating new and helpful services is equally appreciated. Some may say that just doing the job well should be its' own reward, and in some ways, it is, but human nature being as it is, it is still nice to hear that your effort was successful. The Division of Senior Services is "your" department. The services provided are developed at your suggestion. We appreciate hearing from you!

As one of my favorite heroes once said; "Human progress is neither automatic nor inevitable...Every step towards the goal ...requires sacrifice, suffering and struggle; the tireless exertions and passionate concern of dedicated individuals."

Well, the work is not complete and our grade is still pending! But, you can depend on the Division to continue as your advocates. Stay safe & healthy.

### Senior Services Donation Coupon

Please accept my donation to  
Senior Services for basic needs,  
activities, leisure,  
recreational programming, and  
general activities.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Zip Code: \_\_\_\_\_

**MAIL TO: Division for Senior Services  
65 Niagara Sq., Room 8A  
Buffalo, New York 14202**

## Dunkin' Donuts



Last Fall, the city of Buffalo and Dunkin' Donuts entered into an agreement that would provide free coffee to senior centers for up to five months, included in the agreement was also a discount for seniors at local franchises.

“We sincerely hope that you, and the senior citizens at your location, have enjoyed this generous gift from the Dunkin' Donut Corporation,” said Douglas Ruffin, Director of the City of Buffalo’s Division of Senior Services, in a letter to senior centers in

Buffalo, noting that the arrangement was coming to an end.

In response to his letter, a representative from Baptist Manor Senior Living wrote “thank you so much for the Dunkin' Donuts donation. It is enjoyed by the seniors every day and has been a cost saver for the many programs we hold here.”

Seniors are still eligible for a discount on coffee at participating Dunkin' Donuts with their Senior Discount Card.

## Senior Spotlight: Patricia Raymond



Patricia Raymond has been a Buffalonian all her life and a resident of Sedita Apartments for 12 years. Pat comes from a large family, with 8 siblings. She is a mother of 2 children and many grandchildren. She has been a waitress at various restaurants and a factory worker around the city for 35 years. She has always enjoyed greeting and talking to people; she has made many friends throughout the years. Pat enjoys crocheting, dancing, and listening to all kinds of music. Mrs. Raymond has been volunteering at the Richmond Summer Senior Center for 8 years, helping people with center activities. Congrats Pat -You're one of the Best!

## Senior Center - Activities

**Autumnwood Senior Center**  
**1800 Clinton Street, Buffalo, New York 14206**  
**Julianne Panty, Director**  
**(716) 826-7895 / Fax: (716) 826-7897**

Jun. 1st- 10:00- Lunch Bunch: Ole' Man River; Group size is limited; please sign up at center  
 Jun. 2, 9, 16, 23, 30, & Jul. 7th- 10:00- 12:00- Each week has Various Activities (game shows, healthy recipes/snacks, low impact exercise & crafts) with the students from UB's Occupational Therapy Department; Seniors interested in participating please sign up  
 Jun. 8th- 9:00- 3:30- AARP Safe Driving Program: AARP Members \$20/Non-Members-\$25; Must Sign-up in advance; Payment due by 5/28  
 Jun. 15th- 10:30- Cook Out at Center with Council Member Fontana: Foot Long Hot Dogs with all the fixins \*Musical performance by Danielle DiStephano. \*Raffles & Prizes; \$4/person, payment due by 6/4  
 Jun. 18th- 12:00- Father's Day Pizza & Wings Party & Ice Cream Floats & 1:00- Father's Day Family Feud Game: Refreshments, Prizes, & Raffles- \$4/person; Payment due by 6/4  
 Jun. 22nd- 10:30- Van Bingo Trip: Holy Mother of the Rosary  
 Jun. 24th- 11:00-3:30- Buffalo History & Architecture Tour: "What's New in Buffalo" by Chuck LaChiusa and Lunch at Gene McCarthy's Coach Transportation; \$50/person; payment due 5/27

Jun. 25th- 12:00- Guys & Dolls Birthday Lunch: Free Cake & Coffee with a meal purchase  
 Jun. 25th- 1:00- Birthday Jingo: Birthday members, birthday card & 2 free bingo boards w/ a meal purchase  
 Jun. 26th-10:00- Book Club with Loretta  
 Jun. 29th- 10:30-6:30- Autumnwood's Fund Raiser Trip to Seneca Niagara Casino: \$30/Slot Dollars & Free Buffet, Coach Transportation; \$30/person; payment due by 5/28

### **Daily Programs:**

Tues & Thurs: 10:00-12:00- Water Class at the Father Belle Center  
 Tuesdays, Wednesdays & Thursdays: 1:00- Jingo  
 Wednesday: 10:00- 12:00- Social Worker- 1st & 3rd Wednesday of every month; 1:00- Jingo  
 Friday: 1:00- Pinochle Club

### **Coming Events:**

Jul. 13th- 10:30- Van Lunch Bunch @ Canalside: Group size limited; please sign up at the center.  
 Jul. 20th- 10:30 & Jul. 23rd-10:30- 3:30- Build your own Salad Day & Bingo Party: \$5/person; payment due by 7/8  
 Jul. 27th- 10:00- Lunch Bunch @ Becker Farm's; please sign up @ the center  
 Jul. 29th- 10:30- 3:30- Breakfast & Bingo Ride: Car Pool to NFTA Small Boat Harbor: \$5/person; Space limited first, come first served. Lunch on own @ Doug's Dive; payment due by 7/16

**Richmond-Summer Senior Center**  
**337 Summer Street, Buffalo, New York 14222**  
**Kerry Saunders, (716) 885-3290**

Jun. 2nd- 9:00- Senior Shopping: Budway's  
 Jun. 4th- Day Trip: Pennsylvania Shopping/Casino  
 Jun. 9th- 9:00- Senior Shopping: Walmart  
 Jun. 10th- 11:00- Crafts  
 Jun. 11th- 9:00- Senior Shopping: Price Rite  
 Jun. 12th- 12:00- Flag Day Lunch on the Grill & Bingo: \$3  
 Jun. 15th- 10:00- Haircuts w/George  
 Jun. 16th- 9:30- Canal Side: Walking  
 Jun. 18th- 9:00- Mall Walk: Galleria  
 Jun. 18th- 9:00-3:00- AARP Driving Class  
 Jun. 19th- 4pm-7pm- Father's Day Steak on the Grill: \$6  
 Jun. 24th- 11:00- Crafts

Jun. 25th- 9:00- Niagara County Wine Tour: You buy your own lunch  
 Jun. 29th- Casino Trip  
 Jun. 30th- 10:00- Free Breakfast & Bingo

### **Daily Programs:**

Mondays- 11:00- Zumba  
 Tuesdays-1:30-Line Dancing w/Barbara- \$1  
 Wednesdays-11:00- Yoga- \$1  
 Thursdays-10:00-Tai Chi  
 Fridays- 11:00- Exercise Group

Richmond Summer Senior is a Senior Lunch Site we serve Lunch Daily @ 12pm. We offer FREE Van Pick up for those Senior who what a Hot nutritious Lunch; a small fee is suggested, but not required. Call 885-3290

**Friends of the Elderly/Dorothy J. Collier  
Community Center**

**118 East Utica Street, Buffalo New York, 14209  
Laura Hayden, 882-0602**

Monday-Friday:

10:00– 10:30– Continental Breakfast, 12:00– 12:30– Stay Fit Dining Site: 60yrs. & older; R.S.V. P. Required (Confidential Donation): \$3.50

Tuesday & Thursday:

10:30– until– Craft Guild  
11:00– 12:00– Bridge/Bid Whist (R.S.V.P required)/D'youville Balance Exercise

Wednesday:

9:00– until ?– Bread Pantry, 12:30– 1:30– Bible Study, 11:00– 1:00– Bi- Monthly Case Management Day: 3rd Wednesday of every TWO months

Thursday:

11:00– 3:00– Chess Club  
1:00– 2:00– Penny Saver Coupons/Recipe Exchange Club  
1:30– 3:00– Bingo: Come Socialize & win prizes

Friday:

9:30– until ?– Bread Pantry  
11:00– 12:00– Band Fitness: Bring your band & wear your T-shirt  
12:30– 1:30– Friday Fellowship Day: Game Day

**UPCOMING EVENTS:**

Call Center

**Delavan Grider Community Center**

**877 E. Delavan Avenue, Buffalo, New York 14215  
Candace Moppins, (716) 896-7021**

Mondays: 9:30-2:30– Walking/Fitness-Gym, 9:30-2:30– Fitness Room, 10:30-12:00– Line Dancing, 12:00-1:30– Jewelry Making/Scrapbooking-(2nd & 4th Mondays), 1:30-2:30– Rite Aid Mondays– Health Topics; Tuesdays: 9:30-2:30- Walking Fitness-Gym, 9:30-2:30– Fitness Room, 12:00-1:00– Zumba Senior Class: Members Free, & Guests, \$3/class, 1:00-3:00; Wednesdays: 9:30– 2:30– Walking /Fitness-Gym, 9:30-2:30– Fitness Room, 1:00–2:00– Board and Card games ; Thursdays: 9:30– 2:30–Walking Exercise– Gym, 9:30– 2:30– Fitness Room, 10:30-12:00– Line Dancing, 12:30– 1:30- Inspirational Time;

Fridays: 9:30– 2:30-Walking Exercise-Gym, 9:30-2:30- Fitness Room, 10:00-11:15– Stretch Band Exercises, 12:00-3:00– Movies-Friday Afternoon

**Van Service to Delavan Grider Community Center: Mon.-Fri.**

**Picked up from your home & returned**

**Start: 10:00 & Return: 3:00**

**Erie County Suggested donation: \$3.00 each way; call Center to sign-up**

**\*Erie County Stay Fit Dining Site: 60+ residents; \$3.00/confidential donation, will not be turned away for inability to pay. Meals served Mon.– Fri. 12:30**

**Pratt Willert Community Center:**

**422 Pratt Street, Buffalo New York, 14208**

**Toni Benjamin, (716) 852-1671**

**Edward Saunders Community Center:**

**2777 Bailey Avenue, Buffalo, New York 14215**

**Kenneth Simmons, 332-4380**

**Monday**: 10:00-11:00-Coffee/News/Exercise/11:00-12:00-Memory Games/Puzzles;12:00- 1:00- Lunch/12:00 -1:00– Line Dancing (Pratt Willert Only) \*Edward Saunders Center– Please note: Movies trips once per month\***Tuesday**:10:00-11:00- Coffee/ News/Exercise 11:00-12:00- Game Day: Pokeno, Bingo, Cards, & Dominoes/12:00-1:00- Lunch/1:00- 2:00– Art or Informational Presentation\*\* Pratt Willert Center– Please note: Movies trips once per month

**Wednesday**: 10:00-11:00- Coffee/News/Exercise:

11:00– 12:00- Crafting/12:00– 1:00– Lunch/1:00-2:00– Crafting

**Thursday**: 10:00-11:00- Coffee/News/Exercise/ 11:00-12:00-Open Discussion: Presenters from different health organizations/12:00-1:00- Lunch/ 1:00– 2:00– Crafting

**Friday**: 10:00-11:00- Coffee/News/Exercise/11:00– 12:00-Shopping Trips twice per month/ 12:00-1:00– Lunch

**\*\*Field Trips for the seniors @ Pratt & Edward Saunders: Call Center**

**Schiller Park Senior Citizen Center**  
**2057 Genesee Street, Buffalo, New York 14211**  
**Marcey Ivey, Linda Larson, (716) 895-2727**

Jun. 1st– 9:00– Haircuts by Chris  
 Jun. 3rd– 10:15– BC/BS: Preventing Dehydration  
 Jun. 5th– 10:45– Rite Aid Presentation: COPD  
 Jun. 8th– 10:00-12:00– BC/BS: Insurance Info  
 Jun. 10th– 2:00– Board Meeting  
 Jun. 10th– 10:15– Walgreen's Presentation: New Pneumonia Vaccination  
 Jun. 12th– 11:00– Flag Day Celebration  
 Jun. 15th– 10:15– Walgreen's Presentation: Shingles Vaccination  
 Jun. 17th– 4:00– General Meeting  
 Jun. 17th– 10:00-11:00– Eat Smart N.Y. Program Presentation

Jun. 29th– 9:00– Haircuts by Chris  
 Jun. 29th– 9:00– 5:00– Seneca Niagara Casino Trip: \$21  
**Daily Schedule:** Call Center

**C.R.U.C.I.A.L. Senior Center**  
**230 Moselle Street, Buffalo, New York 14211**  
**(716) 895-8891, Fax (716) 895-1182**

Tuesday: 11:30-3:30- Crafts  
 12:00- 4:30– Jewelry  
Wednesday: 1:00-4:30- Bridge Club  
Bible Study: every 2<sup>nd</sup>- Wednesday of the Month  
Thursday: 11:30-12:30- Line Dancing  
 12:30- 1:15- Group Lunch  
Cards, Dominoes, Bridge, etc.  
Friday: 1:00– 4:30- Bridge Club

**Moot Senior Center**  
**292 High Street, Buffalo, New York 14204**  
**Carrie Bryant, (716) 882-4637, (716) 240-9389**

Jun. 3rd– 10:00-2:00– Hearing Screening: UB Clinic  
 Jun. 5th– 1:15– Shopping @ Walmart  
 Jun. 10th– 1:15– Monthly Bingo  
 Jun. 11th– Jokes w/Joan  
 Jun. 12th– 12:00– Birthdays Celebration  
 Jun. 17th– 1:15– Blood Pressure  
 Jun. 18th– 10:00– 12:00– Legal Services/ 6:00-8:30p.m.–  
**Summer "Soulstice" at the Hotel Lafayette**  
 Jun. 19th– 12:00– Father's Day Program w/Speaker  
 Jun. 24th– 1:15– Business Meeting  
 Jun. 25th– 1:00– Bison's Baseball Game  
 Jun. 26th– 1:15– Shopping @ Price Rite/Monthly Movie

**Weekly Program:** Wednesday– Friday  
**\*\*We will not have Best Breakfast until further notice**  
 Wed. 10:45-11:45- Bible Study w/Carolyn D. Harris  
 Thurs. 10:45-11:45- Moot Chorus w/Bessie Patterson-Directing  
 Fri. 11:00-11:45- Fitness w/Carrie

**Gloria J. Parks Community Center**  
**3242 Main Street, Buffalo, New York 14214**  
**(716) 832-1010, (716) 832-5099, www.udcda.org**

Mondays: 11-12:00– Stretch Band Exercise  
Tuesdays & Thursdays: 10:30-12:00 & 12:30-1:45–  
Bingo/12:00-Lunch  
Wednesday: 11:00– 12:00- Hustle for Health/ 1:00– 3:00-  
Wii Bowling & Dance  
Wednesday Evenings: 6:30-8:00P.M.– Line Dancing w/  
Sandra Hall- \$3/class  
Fridays: 10:30-12:00- Tai Chi/ 1st & 4th Fridays:  
 12:30– 2:00- Shuffleboard

**Special Events:** Trip to the Botanical Gardens:  
 TBA

## June 2015 - Announcements

**For All Trips:** Send checks or money orders payable to: City of Buffalo Division for Senior Services; 65 Niagara Square, Room 8A City Hall, Buffalo, NY 14202

**TRAVEL CLUB MEETINGS @ RICHMOND-SUMMER SENIOR CENTER:**

Every **2nd Wednesday** of the Month; Contact Lisa for more information at 851-4204. Next Meeting is **June 10th @ 2:00**

**TRAVEL CLUB: BUTTERFLY CONSERVATORY & LUNCH @ SWISS CHALET:**

**WEDNESDAY, JUNE 10, 2015– 9:30 A.M.– 3:00 P.M.** See over 2,000 butterflies of the world in a tropical rain forest setting! Cost: \$10/person, your payment is your reservation; Depart & Return: in back of City Hall– S. Elmwood; Passport or Enhanced NYS ID is a must! Call Lisa for more info-851-4204

**TRAVEL CLUB: BUFFALO BISON'S FATHER'S DAY GAME:**

**JUNE 25, 2015– Starts @ 1:05 P.M.** Includes a hot dog & soda, transportation on your own; First come, first served. For ticket info, call Lisa @ 851-4204

**TRAVEL CLUB: BILTMORE ESTATE & ASHVILLE, NORTH CAROLINA TRIP:**

**OCTOBER, 18–23, 2015 \$455/PERSON; DOUBLE OCCUPANCY** Spend a full day at the Estate & gardens designed by Frederick Law Olmstead! Tour Ashville, St. Lawrence Basilica, & the famous Folk Art Center. Call Lisa for more info 851-4204

**THE MAYOR'S 5th ANNUAL BARBEQUE & PIG ROAST** IS BEING PLANNED FOR LATE JULY OR EARLY AUGUST! MORE INFORMATION TO COME!

**TRAVEL CLUB NEWS:**

In order to plan a successful 2015 year of day and over-night trips, we would appreciate your suggestions. Please fill out our brief survey and mail or fax your ideas back to our office. Your input is very important to us!

### Clip & Send

**Day Trips:**

Wine Tasting: \_\_\_\_\_

Shopping: \_\_\_\_\_

Museums/Historical: \_\_\_\_\_

Other: \_\_\_\_\_

**Over-Night Trips:**

Montreal/Quebec, NYC/Boston, Washington/Philadelphia

Other: \_\_\_\_\_

MAIL TO: Division for Senior Services

65 Niagara Sq., Room 8A

Buffalo, New York 14202 or FAX TO: (716) 851-5803

City of Buffalo Division of Senior Services  
65 Niagara Square, 8A City Hall  
Buffalo, New York 14202-3324

PRST STD  
U.S. POSTAGE  
**PAID**  
BUFFALO, N.Y.  
PERMIT #856

TO:

# Mayor Byron Brown's Senior City Life

June 2015



*Inspirational Quote of the Month:*

***"I would say my greatest achievement in life right now - my greatest achievement period is -  
and I'm still trying to achieve it - is to be a wonderful father to my kids."***

***- Bo Jackson***